

The Inspiration

At the beginning of each meeting, after welcoming members and guests, and before the Business Session or calling the meeting Toastmaster, the Chairman will call for the member in charge of the Inspiration.

The Inspiration is a short speech (up to 2 minutes maximum), and its purpose is to reach towards the members and guests, encouraging them to change for the better, or to move towards greater achievements, both as Toastmasters and in their personal endeavours.

The Inspiration could be based on a quote from a book, paper or magazine, an historical fact, or it could be based on a personal experience. What really matters is that the Inspiration should set a positive tone for the meeting and be an encouragement to all those present.